



Celebrating Community

AT ALL SAINTS CATHOLIC SCHOOL

VOLUME 6, ISSUE 27

MARCH 23, 2020

Distance Learning Starts Today

A Note From Ms. Strausbaugh

Dear Parents,

The All Saints newsletter this week includes various at-home faith resources our families can use as distance learning begins. These resources provide spiritual guidance during this challenging time. We hope the ideas for prayer and reflection bring you and your family peace and comfort.

It is important for us to keep our faith, especially in this uncertain era. We have never encountered this particular challenge in our lifetimes. We can use this moment to come together in prayer. We have intentionally created a simple plan with three easy components that offer familiarity to your children.

Please feel free to contact us with questions or to share worship ideas that have helped your family. Know that the All Saints community stands with you at this time.

Thank you and God Bless,
Ms. Kristen Strausbaugh

Mrs. Pisarski to Start Daily Prayer

One of the greatest gifts we have each day is the opportunity to join in morning prayer with our kids. Beginning today, Mrs. Pisarski will be sending staff and families a morning prayer to start the day. We encourage you to continue this valuable daily practice to lift our community up in prayer.

Families in Prayer (Formerly Parents in Prayer)

Over the past year, our students have written heartfelt intentions every week to be prayed for by parents in our community. We want to keep this beautiful devotion going during this critical time for our nation and world. What a great blessing for us to be able to bring this practice into our homes and to pray with our families. Below is a description of the prayer process:

1. Write prayer intentions

During the week, have all family members write their prayer intentions. They may write as many as they desire, with a minimum of at least one prayer submitted by each person.

See the website for different prayer aides, and ideas on how to write the intentions.

2. Place intentions in a prayer basket

Place petitions in the basket as they are written throughout the week

3. Prior to praying the rosary

Set up a table with an image of Mary, a crucifix, and/or a candle

Read and share the petitions

Place the basket on the prayer table

4. Pray the rosary together as a family

Set a specific time and day to pray together, for example during school we prayed from 8:10-8:35 a.m. on Fridays. Setting a time helps us to fulfill our commitment.

How to pray the rosary instructions: https://childrensrosary.org/?page_id=2049&lang=en



Growing Leaders in Mind, Body, and Spirit

In The Know

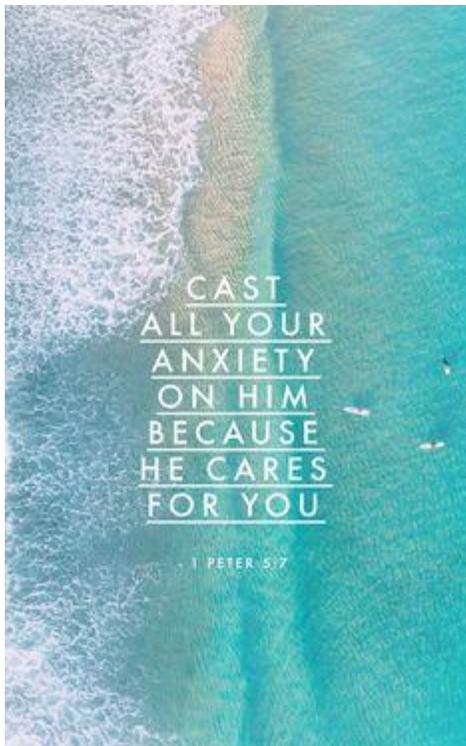
Monday, March 23–Friday, April 3
Distance Learning Occurs

All Saints Schedule Updates

Please note these events have been canceled through April:

- Intramural Basketball
- Book Fair
- STEM Night
- Art Gallery
- Trivia Night
- Living Stations of the Cross
- Spring Concert
- Spring STAR Renaissance Testing
- Kindergarten Round Up
- 8th Grade Washington DC Trip
- Variety Show
- 7th Grade Mackinaw Trip

Decisions and updates on May and June calendar items will be forthcoming.



Mass Participation at Home

To follow the directive of the Archdiocese of Detroit for health and safety concerns, parishes are no longer holding public Masses.

Here are some ways to continue worship and participation in Mass from your home:

Prior to watching Mass take time to:

1. Read the readings which can be found at:
<http://cms.usccb.org/calendar/index.cfm?showLit=1&action=month>
2. Use the Children’s Missalette Videos
<https://mycatholickids.com/massathome/>
 - a. Watch “Minute Gospel Reflection for Kids” and “Mass Muscles” videos
 - b. These videos will be updated weekly and will continue to be available for free during our national emergency.

B. Watch Online or Livestreaming Mass

1. Archdiocese of Detroit <https://www.aod.org/broadcast>
2. Bishop Barren <https://www.wordonfire.org/daily-mass/>
3. Ascension <https://www.facebook.com/AscensionPress>

C. Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

D. Familiar Mass Songs from our School

Links to some of the songs we have been singing can be found on our website.

Sample Suggested Schedule for Families

Some parents have asked us for suggestions on the way to structure distance learning for their children. Here is a sample schedule. Please note that this exact structure is NOT a requirement. This is only a guide for those seeking a starting point as we begin this new adventure in learning together.

Before 9:00 a.m.	Wake Up!	Make your bed, eat breakfast, brush teeth, get dressed, say morning prayers
9:00-11:00 a.m.	Academic Time	Distance learning, watch videos, do day’s assignments for language arts, math, science, social studies, and religion.
11:00 a.m.-12:00 p.m.	Creative Time/Outdoor Time	Creative play, drawing, Legos, crafts, music, cooking, baking, outdoor play, do some enrichment activities from Specials teachers
12:00-12:30 p.m.	Lunch	
12:30 – 1:00 p.m.	Home Chores	Clean rooms, put away toys, take out the garbage, pet care
1:00-2:00 p.m.	Quiet Time	Reading, nap, puzzles
2:00-3:30 p.m.	Academic Time	Distance learning, watch videos, do day’s assignments for language arts, math, science, social studies, and religion.
3:30-5:00 p.m.	Outdoor Time	Family walk, outdoor play
5:00-6:00 p.m.	Dinner	

Additional Resources for Spiritual Guidance

Our Campus Minister, Mrs. Jenkins, has compiled a list of spiritual resources that can assist our families in prayer during this time of social distancing. We hope this information helps you and your family grow in faith during this time.

Spiritual Guidance & Resources During COVID-19

- Prayer Resources
- A Prayer to Combat the Coronavirus Pandemic – from Ascension
<https://ascensionpress.com/pages/a-prayer-to-combat-the-coronavirus-pandemic>
- How to write prayers
- 20 Ways to Teach Children to Pray
<http://www.catholicdigest.com/faith/201302-2720-ways-to-teach-children-to-pray/>
- 4 Fun Prayer Activities to Teach Children How to Pray
<https://www.learnreligions.com/prayer-activities-for-children-701210>
- How to pray the rosary
https://childrensrosary.org/?page_id=2049&lang=en



Excellent Faith Resources

Ascension

Upcoming Live Events

<https://ascensionpress.com/pages/spiritual-guidance>

- Holy Rosary
- Stations of the Cross
- Mass
- Streaming Platforms: Facebook, Youtube

Father Mike Schmitz Videos

- Responding to COVID-19- How Should Catholics Respond to the Coronavirus Pandemic?
<https://www.facebook.com/AscensionPress>
- He also has many others to choose from to learn about our Catholic faith

Dr. Edward Sri "All Things Catholic" podcast

- He has a family perspective, and shares very practical thoughts and suggestions
<https://media.ascensionpress.com/podcast/challenges-catholics-face-during-covid-19-your-questions-answered/>

Dynamic Catholic – Matthew Kelly

- Making the Most of the Situation
<https://dynamiccatholic.com/>

• FORMED

- In an effort to assist Catholics everywhere, FORMED is opening their doors to make its platform free to everyone for the next 40 days. Sign up today and get immediate access to the best Catholic movies, faith formation videos, audio talks, and great children's videos.

<https://watch.formed.org/browse>

- Mass Resources
- Daily Mass Readings
<http://cms.usccb.org/calendar/index.cfm?showLit=1&action=month>

